It's a Picnic Getting Ready for a Picnic

If you choose Spanish Olives Pickles Ham Loaf Veal Los Sweet Relish Chicken Loaf Fruit Preserves Jellies Apple Butter Luncheon Meats . Pork and Beans

Ready to Serve **Food Products**



FROG

IN

BABY'S STOMACH

Tadpole Grew and Waxed Fat on the

Infant's Milk Diet-Child

le Dead.

The eighteen-months-old child of

Mrs. Harry Wolf of Chicago is dead,

following an operation which disclosed

conditions that many surgeons had de-

clared to be impossible, says a Goshen

(Ind.) dispatch to the Indianapolis Star.

cuse, Kosciusko county, last summer,

Mrs. Wolf permitted the baby to drink

the infant became sickly and lost flesh.

Treatment for indigestion was given,

but it did not reach the seat of the

trouble. Then an X-ray examination

disclosed a black spot on the stomach,

and an operation resulted in a frog

weighing more than half a pound be-

Doctors who operated said they be-

lieved that when the child drank hy-

drant water in Syracuse a tadpole was

taken into the stomach and that the

frog developed and lived on milk,

which was given the patient in large

quantities. Following the operation

the child improved rapidly and com-

plete recovery was practically assured,

when pneumonia developed, causing

One Danger.

Optimist-The world owes me

Pessimist-Look out that it doesn't

-the Roasting Ear

Is not more delicious than the

Post Toasties

nutritious (roasting ears). As it slowly ripens this

hardens and finally becomes almost flinty.

enhances the true corn flavour.

milk is added.

In the growth of corn there is a period when the kernels are plumped out with a vegetable milk, most

This nutritious part of the corn is cooked, seasoned, rolled thin, and toasted by a new process which

Different from ordinary corn flakes, the New Post

These Superior Corn Flakes come oven-fresh in

Your grocer has them now.

Toasties have a distinctive form and flavour; and they

keep their appetizing crispness, even after cream or

tight wax-sealed packages; and they cost no more than ordinary "corn flakes." Insist upon having

New Post Toasties

ing taken from the infant.

While visiting her parents in Syra-

Sandstorm Smith Was Reassured. "Say, looky yur!" snarled Sand storm Smith, the widely-known Oklahoman, emerging from the elevator in a Kansas City hotel five minutes after he had apparently retired to his room for the night. "Who in the blazes is that cuss in the next room to mine?"

"A guest who was in an automobile accident this afternoon," replied the clerk. "The gasoline caught fire and burned him pretty badly. I am sorry his groans disturbed you, but-"

"Aw, that's all right! I thought it was one of them infernal cabaret perhydrant water. Within a short time formers practicing on an accordion." -Kansas City Star.

A Rescuer. "Did you know Jiggers was a life saver at Atlantic City?"

"Nonsense! He can't swim a stroke." "He doesn't need to. He runs a pawnshop and stakes people to money to pay their fares home."

No Accounts Opened. "Do you charge things here?" "Only storage batteries, madam."-Boston Evening Transcript.

But a woman always stops talking long enough to give a man a chance to propose.

British troops serving in India are paid by the Indian government.

You may have observed that fancy hosiery covers a multitude of shins. declare a moratorium.-Judge.

Corn on the Cob

New

WEST POSTPONED

CHECK IMPOSED ON ARCHDUKE JOSEPH FERDINAND'S ARMY CAUSE OF DELAY.

Neither Side Has Attempted Anything of Decisive Nature, and it is Believed it May be Weeks Before They Do.

London.-The check which the Russians have imposed on Archduke Joseph Ferdinand's army in southern Poland, and the additional strain which this has placed on the German general Von Mathenzen's army to the military circles here, the tireatened ing soldiers' supplies. German offensive in the west, and there is now a possibility that the allies will be the first to take the offensive.

In support of this it is pointed out that the attacks by the German crown prince's army in the Woevre, which the German press announced was the commencement of a general move forward, have ceased, and what fighting is going on along the western front consists of artillery engagements, a few isolated attacks, and counter-attacks by infantry, which make little or no difference in the positions of the

opposing forces. The British, according to the French report, have repulsed a German attack. The German reports, however, allude to this as a British attack, and Berlin says it was repulsed with considerable loss. In fact, the French and German reports are generally contradictory in respect to what fighting has taken place, but from the trend of them it is evident that neither side has attempted anything of a decisive nature, and it is believed here that it may be weeks yet before they do.

So far as the Germans are concerned, military observers assert they are bound to carry out their offensive against the Russians until there is some decisive engagement, such as the capture of the Lublin-Cholm railway, which, it is asserted, would have been in their hands before now if the Austrians advancing toward the city had not been driven back.

Italian forces operating in the Tyrol are not seriously menacing Rovereto by their continued advance in the mountain passes from the east, but, according to General Cadorna's report, are now advancing rapidly on Riva from the west. Thus the operations in the Trentina district are being carried forward on both sides of Lake Garda, with Triest as the focal

Official reports from the Tyrol front state that engagements in the Chiese valley and at Mount Piano have resulted in favor of the Italian Alpine troops, while the heavy artillery has brought under range of its fire the fortifications erected by the Austrians on Ledro lake.

J. P. Morgan Improving.

New York .- J. P. Morgan, who was shot twice in an attempt on his life by Erich Muenter, alias Frank Holt, the swinging rings in the gymnasium was "feeling fine and dandy" on Sunday, it was said at his office.

MANUEL BONILLA



Senor Manuel Bonilla, a prominent Mexican politician and cabinet member under Madero, is one of the possible choices for president of Mexico under a pacification plan.

Battleship Suftk Pommern. London.-The naval correspondent of the Evening Standard identifies the German battleship sunk in the Baltic by a British submarine on July 2 as the Pommern. She carried

Rome.-German Zeppelins, according to reports, have been transported to the Austrian coast of the Adriatio sea. Their object, it is said, is to fly across the Adriatic to Italy past the Apennines and to reach Rome.

SUPPLIES ALWAYS ON HAND

British Claim to Have Made Transport System to the Front as Perfect as Is Possible.

When it is mentioned that 2,000 tons of goods-food and other necessitiesare sent every day from the base depots to the firing line of the British army, some idea of the gigantic task of the army service will be gathered.

This enormous weight of goods, says Harold Begbie, comes almost entirely from England, for we are not buying in France even so perishable a necessity as milk. Vast stores are brought from England and loaded into sheds at the base depots,

All day by motor dory and railway truck supplies for the troops are sent out from these base depots to stores as near as possible to the firing lines. And just as reserves are accumulated in the docks, so reserves are accumulated near the front, since an accident right, has postponed, it is believed in to the railways might cut off the fight-

> On one occasion there was a delay on the railways of 36 hours, but not only did the soldier at the front get all his food and ammunision, but he did not even have to draw on the reserves I have mentioned; regimental stores were sufficient for his need. Everything goes by clockwork. There is no room for an accident.-London Tit-Bits.

AN EASY WAY TO GET RID OF UGLY PIMPLES

Bathe your face for several minutes with resinol soap and hot water, then apply a little resinol ointment very gently. Let this stay on ten minutes, and wash off with resinol soap and more hot water, finishing with a dash of cold water to close the pores. Do this once or twice a day, and you will be astonished to find how quickly the healing resinol medication soothes and cleanses the pores, removes pimples and blackheads, and leaves the complexion clear and velvety.

Resinol ointment and resinol soap stop itching instantly and speedily heal skin humors, sores, burns, wounds and sunburn. Sold by all druggists .- Adv.

Candy Relieves Fatigue.

The value of candy is recognized by military authorities. The British soldiers in France are reported as consuming "prodigious quantities of sweets." A captain at the front with the British army reports that the canteen has "five times the demand for sweets that was expected, and one-fifth the demand for beer." The Australians encamped in Egypt have eaten all the chocolate to be had in Cairo.

Scientists contend the sugar has much food value and is a good substitute for alcohol. Chocolate, for example, is harmlessly stimulating. Soldiers have discovered what scientists knew before, that sugar will relieve fatigue quickly and give a sense of strength that is real without the subsequent depression experienced by those who use spirits. Sugar and candies are found to be useful not only to the physically tired, but to those who suffer mental exhaustion.-Westminster Gazette.

The Floor Did.

Jimmy, five years old, had discovered that he could do a few turns on of the Boys' club, following the athletic example of his older brother. But, as all joy must end, so ended the happiness of the young swinger. His hold slipped and he landed on the floor. His brother rendered first ald.

"Did the rings hit you?" he asked. "No," Jimmy replied between sobs but the floor did."

An Insufficient Supply. "I want to buy a cow, Silas." "Well, Hi, I've got one as is a heft; creature. She's got one pint-" "Thet ain't enough. I need at least

quart, Silas."

Hard Work. First Flea-Been on a vacation? Second Flea-Nope, on a tramp.-Penn Punch Bowl.

YOUR OWN DRUGGIST WILL TELL YOU

Train up a child in the way he should go and it's doughnuts to fudge he'll take a flyer in the opposite di-

If all women were mind readers every man on earth would take to the tall timber.

The One Exception. "Everyone seems to be here for his health," remarked the new arrival

at the summer resort. "Yes, everyone but the hotel proprietor," replied the guest who had been there three days."-Judge.

Women seldom mean the pleasant things they say to men.

Cocoa was unknown until Mexico was discovered.

Tending That Way. "Do you believe these South American revolutions are contagious?" "As a rule, revolutions are things.

which have a tendency toward going around " You can tell more about a woman by

by looking at her. Minnesota averages 35 bushels, of corn per nere.

looking at the man she is with than

The Effects of Opiates.

THAT INFANTS are peculiarly susceptible to opium and its various preparations, all of which are narcotic, is well known. Even in the smallest doses, if continued, these opiates cause changes in the functions and growth of the cells which are likely to become permanent, causing imbecility, mental perversion, a craving for shooled or narcotics in later life. Nervous diseases, such as intractable nervous dyspepsia and lack of staying powers are a result of dosing with opiates or narcotics to keep children quiet in their infancy. The rule among physicians is that children should never receive opiates in the smallest doses for more than a day at a time, and only then if unavoidable.

The administration of Anodynes, Drops, Cordials, Soothing Syrups and

The administration of Anodynes, Drops, Cordials, Soothing Syrups and other narcotics to children by any but a physician cannot be too strongly decried, and the druggist should not be a party to it. Children who are ill need the attention of a physician, and it is nothing less than a crime to dose them willfully with narcotics.

Castoria contains no narcotics if it bears the signature of Chas. H. Fletcher. Genuine Castoria always bears the signature of hat Helicher

> Catarrhal Fever ften care, ottle SPOHN'S guaranteed to cure a case. safe for any mare, horse or colf.

eventive of all forms of distemper. SPOHN MEDICAL CO., Chemists and Bacteriologists, Gosben, Ind., U.S. A.

An Insect Tragedy. First Mosquito-What's become of our old friend?

Second Mosquito-His was a horrikitchen put something upon the dumbble fate. Those human beings poured kerosene all over the place. F. M.-But he liked kerosene.

S. M.-That was the trouble. He gorged himself with it, and then collided with a firefly.

Gloomy Observation. "Do you think the world is getting better?"

"I don't know anything about it." replied the melancholy observer. "It seemed to be doing very well for a time, but, judging from the European news, I should say it is suffering a terrible relapse."

But, even at that, what our neighbors think about us isn't apt to be very far out of the way.

Love may not be blind, but it seldom sees its finish,

Was Making Signs. While Jane, the new maid, was taking her first lesson in arranging the dining table, someone in the basement

waiter below. "What's that noise?" asked Jane quickly.

"Why, that's the dumbwaiter," re-

sponded the mistress. "Well," said Jane, "he's ascratchin' to get out."-Collier's.

On a Ladder. Hampton-How did you get the paint on your coat? Rhodes-From the men higher up.

Their Effect. "What was Elma giving her father such warm thanks about?"

"Her new summer furs." Common Fate, Wilkins-I have to dig to live. Bilkins-Every man does! Down

in his jeans!



The patrons of our first class hotels and restaurants are exacting—they demand the best. Women go where the pastry and cakes are noted for their excellence. Men are attracted by hot bread and biscuits—when fresh and moist and light.

The pastry cook with a reputation uses K C Baking Powder because he knows that results are certain; every time everything is as good as his best.

Then, too, with K C Baking Powder he can mix the various kinds of batter before the rush of the meal begins and bake as needed so that every order goes to the table fresh and hot, yet the last he bakes are just as good as the first.

The reasons behind these reasons is that K C is really a blend of two baking powders. One commences to give off leavening gas as soon as moistened. The other requires both moisture and heat to make it active. Dough or batter will remain in a partially leavened condition for hours, and when put in the oven, will come up as light as if mixed a moment before.

For cookies, pancakes, doughnuts and the like, which cannot all be baked at once, K C is indispensable. For all baking the double raise makes doubly certain.

Follow the example of the professional cook and your baking will be equal to his.



WRITE US AT ONCE! WE WILL KEEP YOU POSTED

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NATIONAL at SOUTH OMAHA

and have the cream of their old force with us.

THE BEST SERVICE

At South Omaha or Denver, when you ship to

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